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TACTICAL RIFLE COURSE

16-Hour Course Outline

Statement of Purpose: The course will provide the trainee with the minimum topics of tactical firearms and lethal force required by POST for Tactical Rifle / Patrol Rifle User. The trainee will develop the necessary firearms tactical knowledge and skills to survive and win a realistic lethal force encounter. The course consists of hands-on/practical skills firearms training for in-service deputies.

<u>SAFETY BRIEFING - NO AMMUNITION IN CLASSROOM</u>

1. Introduction

i. Instructor Recognition

2. Overview of the class

- a. POST Registration
- b. College Registration
- c. Course description

3. Department Policy

- a. Rifle is required carry for Enforcement Deputies
- b. No optics allowed until approved in writing by training division
- c. Flashlight attachments okay with pre-approval from training division and no permanent modifications to the rifle
- d. Quarterly qualifications
 - i. 50 rounds, course to be determined by training division
 - ii. 1 daylight
 - iii. 1 low light
- e. Rifles will be stored in personal lockers when not on duty unless being taken to range for practice
- f. A rifle issued to you will be carried at all times while on duty (exceptions for court call-back, special assignments)
- g. Department issued tactical slings will remain on the weapons, no modifications

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h. All questions regarding equipment should be addressed to the training manager by memo

4. Use of force guidelines (Hand out DM 900)

- a. Deputy Presence
- b. Verbal
- c. Empty hand
- d. Chemical agents
- e. Baton
- f. Less lethal
- g. Lethal

5. Laws and Agency Policy

- a. Penal Code section 32610(b)
 - i. Possession of within scope of employment
- b. Penal Code section 33220(b)
 - i. Training requirement
- c. Agency Firearms Use and Use of Force Policies
 - i. Use of Force options
 - ii. Department Policy
- d. Law Update
 - i. Tennessee v. Garner
 - ii. Graham v. Conner
 - iii. AB392
 - iv. 835a

6. Firearms and range safety rules

- a. Four major rules of safety
 - i. Finger off the trigger until ready to fire
 - ii. Never point the muzzle at anything unless willing to destroy it
 - iii. Treat all weapons as loaded
 - iv. Be certain of your backstop
- b. Other rules as required in department manual
- c. No loaded weapons to be placed inside soft cases

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d. Use of chamber blocks

7. Issue of equipment

- a. Rifle sign rifle assignment sheet
- b. 3 30-round magazines
- c. Soft rifle case
- d. Cleaning kit
- e. Tactical sling

8. Discussion of supplemental equipment

- a. Sighting devices
- b. Ammunition carriers

9. Nomenclature, Function and Operation (HANDOUTS)

- a. Stock
- b. Safety
- c. Magazine release
- d. Receiver
- e. Bolt & bolt carrier
- f. Firing pin assembly
- g. Magazine
- h. Charging handle
- i. Forward assist button
- j. Upper and lower receiver
- k. Trigger housing group
- 1. Recoil Buffer
- m. Dust cover
- n. Barrel

10.Loading magazine

- a. 20 or 30 rounds only
- b. Department issued ammunition only
 - i. CCI Gold Dot .223 caliber 55 grain SP

11. Loading weapon

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- a. Safety on
- b. Insert magazine
- c. Pull charging handle
- d. Chamber check
- e. Close dust cover

12. Tactical reload (rounds available) vs. combat loading (weapon empty)

13. Rifle function

- a. Semi-auto firing sequence
- b. No brass deflector left handed shooter out of luck with brass hits
- c. Immediate action drill (SPOR) Phase 1 malfunction, failure to fire
 - i. Slap magazine
 - ii. Pull charging handle (weapon canted toward ejection port)
 - iii. Observe round leave
 - iv. Release
 - v. Forward assist button
 - 1. Originally for pushing bolt home after "hot checks" and draining weapon after river crossings. Used gently to seat bolt and round in chamber. **DO NOT** strike forcefully if weapon malfunctions as this may exacerbate the problem.
- d. If immediate threat or failure again transition to pistol
- e. Phase 2 malfunction, multiple rounds, stuck round etc.
 - i. Dump magazine
 - ii. Rack charging handle multiple times
 - iii. Visually check
 - iv. Insert new magazine
 - v. Pull charging handle

14. Takedown, cleaning and maintenance (Refer to Colt Manual Handout)

- a. Takedown
 - i. Clear visually and physically
 - ii. Separate receivers
 - iii. Remove bolt carrier assembly and charging handle
 - iv. Disassemble bolt carrier assembly but not ejector
 - v. Remove handguards
 - vi. Remove buffer assembly and action spring

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vii. Cleaning

- b. Function check
 - i. Weapon on safe. Pull trigger nothing should happen
 - ii. Weapon on semi. May have to cock. Pull trigger, should hear click
 - iii. Pull charging handle. Pull trigger and hold. Charge again while holding trigger to rear. Release trigger. Should hear click as sear resets.
 - iv. Charge and put on safe

15. Marksmanship fundamentals

- a. Position
 - i. Hand position, elbow placement (tucked to avoid being hit), rifle butt placement
 - ii. Cheek weld
 - 1. Consistent contact of face to the stock of the weapon
 - iii. CQB
- b. Eye relief
 - i. Consistent distance of eye from rear sight
- c. Natural point of aim
 - i. Proper position which maintains sight alignment and sight picture when muscles are relaxed

16. Sight picture

(DIAGRAM)

- a. The relationship of sight alignment to the target
 - i. Dead-on aim/center mass vs. 6 o'clock hold

17. Sight alignment

(DIAGRAM)

- a. The relationship of the shooter's eyes to the front and rear sight
 - i. Explain short and "L" sight
 - 1. 1-200 yards for short, 200-400 yards for "L" long a. weapon sighted in on "short"
 - 2. Clicks = $\frac{1}{2}$ " at 100 yards
 - 3. focus on front sight through rear peep hole

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18. Breath control

- a. Use natural respiratory pause
 - i. Don't hold for more than 10 sec.

19. Trigger press

- a. Smooth, steady, uninterrupted pressure on the trigger straight to the rear so as not to disturb sight alignment before the bullet fires
- b. Trigger contact with pad of finger between tip and first joint

20. Follow through

- a. Maintaining the fundamentals for the split second after the shot breaks
- b. Sear reset

21. Carry positions

(HANDOUT)

- a. Administrative carry in case, safety on, unloaded, magazine out
- b. Range carry Safety on, slung vertical on shoulder, muzzle up
- c. Low ready
- d. High ready explain sling adjustment for high ready
- e. Vertical carry to CQB

22. Weapon transition/retention

- a. Use of the sling
 - i. Prevention
 - ii. Retention procedures
- b. Transition to handgun
 - i. Malfunction or out of ammunition
 - ii. Sling options

23. Ballistics and cover (HANDOUTS ON ANGLE SHOOTING)

- a. Internal
- b. External wind, rain, heat
- c. Terminal

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d. Shooting through mediums

24. Shooting positions

- a. Prone
 - i. Available cover will dictate type of prone used
 - ii. Rollover, rolled onto shooting arm
 - iii. Supine, on your back shooting at 90° angle
 - iv. Urban, side with top leg forward
 - v. Olympic, flat with toes pointed out **OR** with weak knee tucked in
 - vi. Straight prone
- b. Sitting
 - i. Legs open or Indian style, ankles crossed
- c. Kneeling
 - i. High or low
 - 1. Warn of bone on bone pivot
- d. Standing
 - i. Least stable but fastest to assume, body more square to target
- e. Rice paddy squat

25. Factors for selecting positions

- a. Target exposure, target distance, terrain, personal physical condition (flexibility), cover available
- b. Most stable platform based on what terrain and cover allows
- c. Discuss cover vs. concealment

26. Engaging targets to sides and rear

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- a. 90° right, drop right foot back, pivot on front
- b. 90° left
- c. 180° to rear
 - i. Don't back into unknown
 - ii. Step forward with rear foot and pivot on front
- d. Shooting while moving
 - i. Modified "Groucho" walk, heel to toe, legs acting as shock absorbers upper body steady
 - ii. Double –up (partner)
 - iii. Don't stop moving while shooting

27. Multiple targets

a. Engage based on proximity, type of threat

28. Night, low light, flashlight

- a. Remind there is a tendency to shoot high
- b. Demonstrate different holds with light
- c. Vision fundamentals
- d. Flash sight picture
 - i. Adjust sights using flash from previous shot

29. Moving targets

- a. Steady hold with lead
- b. Moving hold with lead
 - i. Follow-through

30. Tactical Considerations

- a. Based on agency guidelines and training
- b. Physical environment
- c. Be aware of cover and concealment
- d. Rifle caliber rounds will penetrate soft body armor (yours or theirs)
- e. Rifle affords the opportunity to maintain safe distances to adversaries

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31.Range work

(SEE RANGE OUTLINE)

32. Range safety briefing

33. Marksmanship test

- a. 30 round bulls-eye course from 50 yards
 - 1. 5 shots prone slow fire
 - 2. 5 shots prone timed (30 seconds including loading magazine into rifle)
 - 3. 5 shots sitting slow fire
 - 4. 5 shots kneeling slow fire
 - 5. 10 shots standing
 - 6. Score each shot as hit or miss, 10 points each hit, minimum 24 hits for 240 points (80%)

34. Range drills

(SEE RANGE OUTLINE)

35. Qualification

- a. 1 passing qualification course required. Allow alibis for weapon malfunction. 90% required, 45 rounds of 50 as hits. Two attempts to qualify per range session. Supervisors will be notified weapon isn't to be carried if person isn't qualified. Weapon will be left with individual to allow for practice.
- b. On standard "B1" Silhouette
 - 1. From 50 yards slow fire
 - a. 5 rounds standing
 - b. 5 rounds kneeling
 - c. 5 rounds sitting
 - d. 5 rounds prone

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2. Beginning in a standing position, charge the weapon, unsnap the sling, and get into a prone position. Rapid-fire 10 rounds. 35 seconds to complete this phase.

- 3. Move to 100 yards
 - a. 10 rounds slow fire prone
 - b. 10 rounds rapid fire prone (40 seconds)

36. Issue of duty ammunition

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